

Preparations for Excision

1. Excision is a surgical procedure that may take several hours to complete. Therefore, do not make any other plans on the day or evening of your surgery. There is the possibility that the surgery could be completed sooner.
2. Bring a list of your current medications that you are taking or bring the actual medications. If you take Aspirin, be sure to include it on your list.
3. Eat a good breakfast or lunch before coming to the office depending on what time your surgery is scheduled. We also encourage you to bring a snack, drink, lunch or a book.
4. **Anticoagulant medications can lead to bleeding problems. Aspirin, NSAIDS, Coumadin, and Plavix are very common medications that cause bleeding. If you take Plavix or Coumadin, please call the doctor who prescribed them and ask if you can be off of them 24 hours before surgery. If you take Aspirin (and Aspirin like drugs), please call the doctor who prescribed them and ask if you can be off of them for 3 days before surgery and 2 days after surgery. Please keep in mind that these medications may lead to operative bleeding which may be difficult to control in some patients. On the other hand, these medications cannot be stopped sometimes prior to surgery as they are useful for preventing heart attacks, strokes, and atrial fibrillation.**
5. You may bring a friend or family member with you (please bring only ONE person with you because of limited seating). He or she can keep you company in the waiting room and drive you home if you feel unable to drive yourself. However, they will not be allowed in the surgery room during the procedure.
6. If the surgery to be done is on your face, please DO NOT wear makeup or jewelry on or around your face such as earrings, necklaces, etc. Please try to wear a button up shirt.
7. Hair should be worn away from the surgical area as well.
8. Your surgical procedure **WILL** leave a scar.
9. If for any reason you are unable to keep your appointment, please contact our office at **(276) 326-3376** as soon as possible, preferably 48 hours in advance.