

Filler Post Treatment Instructions

Immediately after treatment, the most commonly reported side effects are temporary redness, swelling, and bruising at the injection sites. These effects typically resolve within two to three days. Cold compresses may be used immediately after to reduce swelling.

You should avoid the following for at least 24 hours:

- ✓ Strenuous exercise
- ✓ Consumption of alcoholic beverages
- ✓ Extended exposure to the sun or heat
- ✓ Massaging the area of treatment

Exposure to any of the above may cause temporary redness, swelling, and/or itching at the injection sites. If you have swelling, you can apply an ice pack for a brief period.