

## Care of Cryotherapy Site

Today you had something frozen, an **Actinic Keratosis, Seborrheic Keratosis, Wart, or a Skin Tag**. These skin growths are destroyed by the freezing action.

### **The following is what to expect:**

- Within a few hours to days after treatment the area may blister, turn black, or form a scab. This is a desirable result.
- The underlying skin may be red, sensitive to temperature or touch, and may possibly itch as it heals. Normal skin color will eventually return, this may take several months.
- Most patients experience little or no pain from this treatment. If you do experience pain, you may take Aspirin (adults only), Ibuprofen, or Acetaminophen.

### **Care Instructions:**

- Apply plain Vaseline to site(s) daily until healed. No bandage is necessary.
- If site blisters, you may drain the blister with a sterile needle to help relieve pressure.
- The scab will fall off as the area heals. **DO NOT PICK** at scab, let it fall off naturally. It can take several days to weeks for the scab to fall off, this is dependent on the size, location, and type of lesion treated.